The study of trauma has probably been the single most fertile area in helping to develop a deeper understanding of the relationship among the emotional, cognitive, social and biological forces that shape human development. Starting with post-traumatic stress disorder (PTSD) in adults and expanding into early attachment and overwhelming attachment and social experiences in childhood (“Developmental Trauma”), this endeavor has elucidated how certain experiences can “set” psychological expectations, bodily experiences and biological selectivity.

When addressing the problems of traumatized people who, in a myriad of ways, continue to react to current experience as a replay of the past, there is a need for therapeutic methods that do not depend exclusively on drugs, talk or understanding. We have learned that most experience is automatically processed on a subcortical level of the brain; i.e., by “unconscious” interpretations that take place outside of conscious awareness. Insight and good intentions have only a limited influence on the operation of these subcortical processes, but synchrony, movement and reparative experiences do. This conference will present both basic research about the impact of trauma over the life cycle, and a range of effective interventions that are being practiced in clinics, schools, prisons, families, and communities around the world.
PRE-CONFERENCE

WEDNESDAY, MAY 29, 2019

1. The Use of Mind-Altering Substances- MDMA, Psilocybin, and Marijuana for Treating PTSD and Other Mental Distress

2. Trauma-Informed Community Interventions: Working with Marginalized Groups in Global Settings

3. Clinical Applications of the Polyvagal Theory

Wednesday Evening at the Movies

7:30 PM
“Cracked Up” Michelle Esrick

Discussants: Bessel A. van der Kolk, MD & Director Michelle Esrick

In “Cracked Up” we witness the impact adverse childhood experiences can have across a lifetime through the incredible story of actor, comedian, master impressionist and Saturday Night Live veteran, Darrell Hammond. Behind the scenes Darrell suffered from debilitating flashbacks, self-injury, addiction and misdiagnosis, until the right doctor isolated the key to unlocking the memories his brain kept locked away for over 50 years. “Cracked Up” creates an inspiring balance between comedy and tragedy helping us understand the effects of childhood trauma in a new light, breaking down barriers of stigma and replacing shame with compassion and hope.

CRACKED UP trailer: www.CrackedUpMovie.com

THURSDAY, MAY 30, 2019

4. From Embodied to Symbolic: Explore Innovative Child Trauma Approaches to Physical Balance, Mutual Attunement, Self-Regulation, & Attachment-Building

5. A Comprehensive Approach to Neurofeedback for Trauma Related Dysregulation: Integration with Therapeutic Attunement, Biofeedback & Other Body/Mind Approaches

6. Social Conditions and Restorative Justice

7. Expressive Arts as Healing Engagement: Deepening the Therapeutic Experience

MAIN CONFERENCE

FRIDAY, MAY 31, 2019

8:00 – 8:30 am Registration

8:30 – 8:45 am Three Decades of Explorations in Trauma: Welcome & Introduction
Bessel A. van der Kolk, MD

8:45 – 9:45 am A Neurodevelopmental Model of Treatment Intervention
Bruce Perry, MD, PhD

9:45 – 10:45 am Me Too: At the Intersection of Sexual Violence and Racial Justice— A Fireside Chat with Tarana Burke
Tarana Burke

10:45 – 11:05 am Coffee Break

11:05 am – 12:05 pm Psychiatry Under the Influence: Institutional Corruption, Social Injury and Prescriptions for Reform
Robert Whitaker

12:05 – 12:30 pm Panel Discussion & Questions
Faculty & Conference Participants

12:30 – 1:45 pm Lunch (on your own)

1:15 – 1:45 pm Chair Yoga (optional)
Josefin Wikstrom

1:45 – 2:45 pm Key Interaction Patterns Between Mothers and Infants, Videotaped Illustrations: Implications for Long-Term Adaptation and Clinical Interventions
Beatrice Beebe, PhD

2:45 – 3:00 pm Coffee Break

3:00 – 5:00 pm Afternoon Workshops (see options on right)

5:00 pm Social Time – Meet & Greet

5:30 pm Friday Night Poster Session!
We invite you to share your work in a Science Fair-style session. All types of projects and career levels are welcome: qualitative and quantitative research, case studies, program evaluation, etc. Students can elect to have their posters judged for the International Trauma Conference Poster Award. To participate, please email your title and abstract (200 words or less) to Wendy D’Andrea, PhD: dandreaw@newschool.edu by May 1. You will receive poster instructions after receipt of your submission.
SATURDAY, JUNE 1, 2019

8:00 – 8:30 am  Registration

8:30 – 9:20 am  Trust and Meaning Making in Parent-Child Interactions
                Edward Tronick, PhD

9:20 – 10:20 am  The Enduring Neurobiological Effects of Abuse and Neglect
                 Martin Teicher, MD, PhD

10:20 – 10:40 am  Panel Discussion
                   Faculty & Conference Participants

10:40 – 11:00 am  Coffee Break

11:00 – 11:50 am  The Evolution of Developmental Trauma Disorder
                   Julian Ford, PhD, ABPP

11:50 am – 12:10 pm  Panel Discussion
                      Edward Tronick, PhD, Martin Teicher, MD, PhD, 
                      Julian Ford, PhD, Ruth Lanius, MD, PhD, & Richard C. Schwartz, PhD

12:10 – 1:30 pm  Lunch (on your own)

12:45 – 1:20 pm  Yoga (optional)
                 Josefin Wikstrom

1:30 – 2:30 pm  Expressive Arts as Healing Engagement
                Cathy Malchiodi, PhD

2:30 – 3:30 pm  DE-CRUIT: Treating Trauma in Military Veterans through Shakespeare & Science
                Stephan Wolfert, MFT and Alisha Ali, PhD

3:30 – 3:45 pm  Panel Discussion
                Faculty & Conference Participants

3:45 – 4:00 pm  Afternoon Break

4:00 – 5:00 pm  Dealing with Trauma in the Heart of the Community: Implement a Comprehensive Yoga Program in a Large Public School System
                Ali Smith, Altman Smith, and Andres Gonzales of the Holistic Life Foundation

5:00 – 5:30 pm  Closing: Quaker Style Sharing & Debriefing (Optional)

FRIDAY-AFTERNOON WORKSHOPS

Workshop 1
Revisit the Treatment of Schizophrenia: Can Voices be Best Understood as Parts and Effectively Treated with Internal Family Systems Therapy?
Richard C. Schwartz, Ph.D.

Workshop 2
How Body Experience Impacts and Alters the Sense of Self: Neuroscience Research Meets Experiential Inquiry
Wendy d Andrea, PhD, Ruth Lanius, MD, PhD, & Licia Sky

Workshop 3
Attachment and Trauma Therapy in Japan: A Multicultural Perspective
Terry Levy, PhD, Sumiko Hennessy, PhD, Akemi Sakakibara, PhD, & Kenichi Shimada, MA

Workshop 4
Consultation and Follow-Up
Bruce Perry, MD, PhD

Workshop 5
Revisit the “Corrective Emotional Experience”: Creating Deep Imprints of Safety and Resonance Using Psychodramatic Techniques
Bessel A. van der Kolk, MD

Workshop 6
Videofeedback Therapy for a Traumatized Adult Patient Who Does Not Look
Beatrice Beebe, PhD

Workshop 7
America’s Opioid Epidemic, Our Nation’s 911 call. Medications for the Treatment of Opioid Use Disorders: Myths and Misconceptions
Ximena Sanchez Samper, MD & Kevin McCauley, MD

* Workshop selection can be chosen onsite.
Workshop 1: The Use of Mind-Altering Substances - MDMA, Psilocybin, and Marijuana for Treating PTSD and Other Mental Distress

Michael Mitrofiev, MD, Rick Doblin, PhD, William Richards, PhD, Daniel McQueen, MA, Richard Schwartz, PhD, Besse A. van der Kolk, MD, James Hopper, PhD, Anne St Goar, MD, Elizabeth Call, PsyD, Susan Walker, MD, Francis Guerrero, MA, LICSW, & Michael Alpert, MD

For the first time in over four decades, researchers are returning to examining the therapeutic benefits of mind altering substances, including MDMA (ecstasy), psilocybin (mushrooms), marijuana and LSD. In the 1970s the study of all psychedelics was criminalized in the US, despite emerging evidence of their medical value. Over the past decade, the Multidisciplinary Association of Psychedelic Studies (MAPS) has helped to revive psychedelic research, sponsoring studies across the United States and around the world, including MDMA-assisted therapy for PTSD, and end-of-life anxiety. The results have been very positive, lasting over 72 months of follow-up, with few adverse effects. Psychedelics may promote a deepening and acceleration of the psychotherapeutic process. During therapy, people often are able to access and find peace with disavowed, “exiled” parts of themselves. In this workshop the founder of MAPS will describe the evolution of psychedelic therapy, the principal investigator of the Phase I and II level trials will discuss outcomes and processes, the PI of the Hopkins psilocybin study terminally ill patients and a marijuana researcher the promises and pitfalls for that substance. The Hopkins psilocybin study will discuss outcomes and processes, the PI of the psychedelic therapy, the principal investigator of the Phase I and II level trials will discuss outcomes and processes, the PI of the Hopkins psilocybin study terminally ill patients and a marijuana researcher the promises and pitfalls for that substance. The morning session will present case studies, video and a live practical demonstration of the technology in simulated clinical practice. The Polyvagal Theory is part of our shared history of understanding that mental, behavioral and physical health problems can originate in the nervous system. Engagement with this theory has led clinicians to look at its clinical implications through the lens of autonomic regulation and dysregulation. Many clinicians are now seeking to work with and to understand how the organizing principles of neuroception, hierarchy, and co-regulation impact on and can be used in the treatment process. Polyvagal Theory suggests a role for physical stimulation and measurement as part of the clinical process. This workshop explores how to incorporate these scientific tools into more traditional talk-therapy protocols of practice.

Workshop 2: Trauma-Informed Community Interventions: Working with Marginalized Groups in Global Settings

Joenin Wikstrom, YE-RTY 500, YAACEP, RCYT, Licia Sky, Mike Niconchuk, MSC, Sarah Beranbaum, MA, Matt Mattilla, Vivian Kheder, Wendy D’Andrea, PhD

This preconference workshop will cover the topic of incorporating embodied, trauma-informed practices into community settings from the perspective of three programs working with children and adults across five continents. The morning session will focus on using yoga to promote trauma recovery with incarcerated people; the afternoon session will demonstrate a trauma-informed sports program with youth in South Africa and a neuroscience-based storytelling and psychoeducational tool utilized in a Syrian refugee camp. All sessions will a) provide experiential demonstrations, b) examine the role that program staff play in developing culturally-embedded programs; and c) describe the outcomes data suggesting program impact.

Workshop 3: Clinical Applications of the Polyvagal Theory

Ana do Valle, OTR, SEP, Deb Dana, LCSW, Praphal Galiatti, Benjamin Fry, Randall Redfield, & Karen Onderko

The Polyvagal Theory is part of our shared history of understanding that mental, behavioral and physical health problems can originate in the nervous system. Engagement with this theory has led clinicians to look at its clinical implications through the lens of autonomic regulation and dysregulation. Many clinicians are now seeking to work with and to understand how the organizing principles of neuroception, hierarchy, and co-regulation impact on and can be used in the treatment process. Polyvagal Theory suggests a role for physical stimulation and measurement as part of the clinical process. This workshop explores how to incorporate these scientific tools into more traditional talk-therapy protocols of practice.

Workshop 4: From Embodied to Symbolic: Explore Innovative Child Trauma Approaches to Physical Balance, Mutual Attunement, Self-Regulation, & Attachment-Building

SMART team: Elizabeth Warner, PsyD, Alexandra Cook, PhD, Anne Westcott, LICSW, & Heather Finn, LICSW; Theraplay® team: Dafna Lender, LCSW & Phyllis Booth, MA; PPIP team: Beatrice Beebe, PhD; & Ruth Lanius, MD, PhD

Disrupted bodily regulation and attachment processes in traumatized children present profound clinical challenges. Through video case presentation and presenter discussion, we will examine three innovative treatments targeting somatic regulation and attachment building without reliance on symbolic language. By comparing Sensory Motor Arousal Regulation Treatment, Psychoanalytic Psychotherapy with Infants & Parents, and Theraplay®, each a bottom-up, embodied and developmentally grounded approach, we will explore the mechanisms of growth, the interventions that seem to promote regulation and increase attachment actions, and consider the neurobiological underpinnings of these processes.

Workshop 5: A Comprehensive Approach to Neurofeedback for Trauma-Related Dysregulation: Integration with Therapeutic Attunement, Biofeedback & Other Body/Mind Approaches

Ainan Rogel, PhD, Diana Martinez, MD, PhD, Sebern Fisher, MA, BON, Elya Steinberg, MD, & Inna Khazan, PhD

Understanding that trauma alters and dysregulates brain activity opens new state of the art methods of treatment which directly target disturbed neuronal pathways. One such treatment, neurofeedback, leverages recent research results that relate neuronal pathways and brain areas affected by the trauma with executive functioning, safety, sense of self, different self-states, bodily based aspects (e.g. physical balance, movement, voice modulation, interoceptive sensations) shame and agency. This experiential workshop brings together researchers, clinicians and neurofeedback practitioners who are exploring ways in which we can apply the neuroscience of trauma to clinical practice by integrating it with psychotherapy, biofeedback, bodywork and mindfulness. The workshop will start with an explanation of the basics of neurofeedback and review the existing research with practical implications. Next, the impact of neurofeedback on developmental trauma by calming down the fear-driven brain and improving emotion regulation. The major part of the workshop will be dedicated to integrating neurofeedback into clinical settings, that will include hands-on experience.

Workshop 6: Social Conditions and Restorative Justice

Licia Sky, Tarana Burke, Donna Hicks, PhD, Kimbell DiCero, PsyD, James Hopper, PhD, Melissa Freeman & Red Stage Stories; Ali Smith & members of the Holistic Life Foundation

This pre-conference workshop will bring together various voices from the field to explore the intersections of social justice, trauma, and mental health. We will examine how as clinicians, researchers, educators and healers working with trauma-impacted individuals and communities we must consider the socio-political context in which trauma occurs, as well as the ways in which institutions and systems of oppression continue to perpetuate trauma and create barriers to healing. Join us in exploring, from a social justice framework, how we define and understand trauma, how these definitions and understandings dictate how, who, and where we treat, and how we collectively can work towards personal, interpersonal, and systemic healing and change. In this day-long workshop, hear from individuals and groups in the field who are changing the way we see, understand, and treat trauma. Licia Sky, Secretary of the Trauma Research Foundation, will moderate this critically important day, which will begin with an embodied experience of stepping into a different way of seeing and knowing this work, led by Trauma Center Fellows, Mariah
3) Improvisation, dramatic enactment, gesture, bilateral methods, including: 1) Arts-based approaches to enhance experience how to “get past talk” with creative, action-oriented present while deepening implicit and meaningful sensory- and energize clients, helping them to engage more fully in the creativity. When integrated into therapy, they can revitalize through play, improvisation, musicality, movement, and imagination, they also mobilize the social engagement system

Cathy Malchiodi, PhD

Workshop 7: Expressive Arts as Healing Engagement: Deepen the Therapeutic Experience

Cathy Malchiodi, PhD

Expressive arts not only cultivate the healing powers of imagination, they also mobilize the social engagement system through play, improvisation, musicality, movement, and creativity. When integrated into therapy, they can revitalize and energize clients, helping them to engage more fully in the present while deepening implicit and meaningful sensory-based communications. In this hands-on workshop, you’ll experience how “to get past talk” with creative, action-oriented methods, including: 1) Arts-based approaches to enhance and deepen empathy, compassion, and interpersonal connection in our clients and ourselves; 2) A brain-wise, bottom-up model for applying the expressive arts to facilitate the body’s natural resources for transformation and healing. 3) Improvisation, dramatic enactment, gesture, bilateral movement, art making, and play as foundational practices to facilitate social engagement.

CONFERENCE OBJECTIVES

The objective of this conference is to present current understanding of how people’s minds, brains, bodies and social organizations respond to traumatic experiences, and what currently appear to be the optimal clinical interventions, including the role of relationships, movement, synchrony, justice and processing to protect and restore safety and regulation.

Central is the role of affect regulation and the resolution of misinterpretation of innocuous stimuli as threats, which require interventions that can restore a sense of active mastery and the capacity to mindfully focus on the demands of the present.

We will also explore how different populations, ethnic groups and cultures may deal differently with traumatic experiences, and address how the legacy of trauma, systematic discrimination, isolation, blame, and social inequality can have profound effects on the capacity to cope and recover from trauma.

PLENARY FACULTY SPEAKERS

Beatrice Beebe, PhD, Clinical professor of medical psychology (in psychiatry), College of Physicians & Surgeons, Columbia University; New York State Psychiatric Institute. She directs a basic research lab on mother-infant communication. Author of six books, including The Mother-Infant Interaction Picture Book: Origins of Attachment.

Tara J. Burke, Founder, “Me Too” movement. Activist and advocate at the intersection of sexual violence and racial justice. Fueled by commitments to interrupt sexual violence and other systemic inequalities disproportionately impacting marginalized people, particularly black women and girls. She is the recipient of the 2018 MIT Media Lab Disobedience Award.

Julian D. Ford, PhD, ABPP, Professor, department of psychiatry and law, University of Connecticut; President International Society for Traumatic Stress Studies (ISTSS); director, Center for the Treatment of Developmental Trauma Disorders and Center for Trauma Recovery and Juvenile Justice; co-author, Treatment of Complex Trauma & Hijacked by Your Brain: How to Free Yourself when Stress Takes Over; author, Post-traumatic Stress Disorder: Scientific and Professional Dimensions; co-editor, Treating Complex Traumatic Stress Disorders & Treating Complex Traumatic Stress Disorders in Children and Adolescents.

Donna Hicks, PhD, Associate at the Weatherhead Center for International Affairs, Harvard University; formerly deputy director of Program on International Conflict Analysis and Resolution (PICAR). She worked extensively on the Israeli/Palestinian conflict on the conflicts in Northern Ireland and Colombia Syria and Libya. Author: Dignity: It’s Essential Role in Resolving Conflict, & Leading with Dignity: How to Create a Culture That Brings Out the Best in People.

Ruth Lanius, MD, PhD, Professor, department of psychiatry, University of Western Ontario; co-editor, The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic & Healing the Traumatized Self: Consciousness, Neuroscience & Treatment.

Michael Miltofero, MD, Clinical assistant professor of psychiatry at the Medical University of South Carolina. In 2009 he completed & published the first FDA approved clinical trial of MDMA assisted psychotherapy for treatment-resistant PTSD, followed by completion of a Phase II trial. He is overseeing a multisite Phase III study of MDMA-assisted psychotherapy in 13 sites around the US (including the Trauma Research Foundation), and another MDMA-assisted psychotherapy multisite study in Europe and Israel.

Bruce D. Perry, MD, PhD, Senior fellow, The Child Trauma Academy; adjunct professor, department of psychiatry and behavioral sciences, Feinberg School of Medicine, Northwestern University; senior fellow, Berry Street Childhood Institute, Melbourne, Australia. Co-author (with Maia Szalavitz), The Boy Who Was Raised as a Dog and Born for Love: Why Empathy is Essential.

Richard C. Schwartz, PhD, Founder of the Center for Self-Leadership; faculty Harvard Medical School; Author: You Are The One You’ve Been Waiting For; Internal Family Systems Therapy; Introduction to the Internal Family Systems Model; and The Mosaic Mind; and Metaprogrammings.

Ali Smith, Executive director, the Holistic Life Foundation He has helped develop and pilot yoga and mindfulness programs at public and private schools, drug treatment centers, juvenile detention centers, mental crisis facilities, and retreat centers, nationally and internationally. Ali has authored a series of children’s books, and co-authored several yoga and mindfulness based curriculums, as well as developed numerous workshops and trainings.

Martin H. Teicher, MD, PhD, Associate professor of psychiatry at Harvard Medical School; director of the Developmental Biopsychiatry Research Program and Laboratory of Developmental Psychopharmacology at McLean Hospital. His research studies range from inquiries into the molecular mechanisms of brain development to brain-imaging studies of the effects of childhood maltreatment on brain development.

Ed Tronick, PhD, University distinguished professor, University of Massachusetts Boston; Infant-Parent Mental Health Program; Department of Newborn Medicine, Harvard Medical School, author, The Neurobehavioral and Social Emotional Development of Infants and Children.

Bessel A. van der Kolk, MD, Professor of psychiatry, BUSM; medical director, Trauma Center, president, Trauma Research Foundation; past president, ISTSS; author, NYT Science best seller The Body keeps the score: Brain, Mind and Body in healing from Trauma, translated into 24 languages.

Robert Whitaker, author, Anatomy of an Epidemic, and publisher of the web magazine, Mad in America.

Stephan Wolfert, MFT, Playwright, performer; executive director, De-Recruit. Founding artistic director of Shakespeare & Veterans and the Veterans Center for the Performing Arts. Company member, Bedlam Theater, NYC. Combining his own personal story of leaving the army with Shakespeare’s writings on war, he created Cry Havoc! which he has performed around the world to critical acclaim.

Alisha Ali, PhD, Associate professor in the department of applied psychology at New York University. Oversees evaluation and manualization of DE-CRUT.

Michael D. Alpert, MD, Psychiatrist, South Cove Community Health Center, Boston Harvard Medical School; MDMA Therapy team member, the Trauma Research Foundation.

Sarah Beranbaum is a PhD candidate in Clinical Psychology at the New School for Social Research, and a researcher in the Trauma and Affective Psychophysiology Lab, led by Dr. Wendy d’Andrea. Sarah is a contributing author for the Field Guide, a community trainer, and a licensed yoga instructor.


Elizabeth Call, PsyD, Psychologist in private practice. Therapy team member, MDMA study, the Trauma Research Foundation.

Alexandra Cook, PhD, is treasurer, Trauma Research Foundation & founding partner of SMARTMoves; co-author of the SMART treatment manual.

Deb Dana, LCSW, Playwright, performer; executive director, De-Recruit. Founding artistic director of Shakespeare & Veterans and the Veterans Center for the Performing Arts. Company member, Bedlam Theater, NYC. Combining his own personal story of leaving the army with Shakespeare’s writings on war, he created Cry Havoc! which he has performed around the world to critical acclaim.

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Kimbell DiCera, PsyD, Adjunct professor, Lesley University and Barker Hill Community College-Lesley University-Program Partnership; Infant Parent Mental Health, Program, UMassachusetts

Rick Doblin, PhD, Executive director, Multidisciplinary Association for Psychedelic Studies (MAPS) chair of the board of directors MAPS Public Benefit Corporation.

Ana do Valle, OTR, SEP, Occupational therapist with a specialization in the nervous system and Polyvagal Theory.

Michelle Erskin, an award-winning filmmaker, including “Let’s Go” and “The Vary Gavy Movie: Saint Mishbehavin’,” “Ramb Dass, Going Home” (short listed for an Academy Award), and her new film “Cracked Up,” about the long-term effects of childhood trauma told through “Saturday Night Live” veteran Darrell Hammond. They showed the film on Capitol Hill and assisted in adding 9 provisions for trauma informed care into the (SUPPORT) for Patients and Communities Act, signed into law on October 24th, 2018.

Heather Finn, LCSW, is a partner of SMARTMoves, trains, consults and supervises in SMART and ARC locally and around the US.

Sebern Fisher, MA, BCN, Psychotherapist and neurofeedback consultant, Nort’hampton, Mass. Author, Neurofeedback in the Treatment of Developmental Trauma: Calming the Fear-Driven Brain.

Melissa Nussbaum Freeman, actor, director, playwright, teaching artist, Guernavaca, Mexico. founder diretor of Red Sage Stories for Social Change, multi-cultural, multi-lingual, intergenerational, Dorchester/Roxbury community-based ensemble that has worked in Jordan, Palestine and around the US.

Benjamin Fry, Founder of Khiron House, Oxfordshire, UK.

Prahlad Galbiati, Craniosacral therapist, SEP and clinical director of Khiron House, Oxfordshire, UK.

Andres Gonzalez, MBA, Co-founder and marketing director for the Holistic Life Foundation, Inc. in Baltimore, MD since 2001. He has partnered with John Hopkins Bloomberg School of Health and the Penn State’s Prevention Research Center on a Stress and Relaxation Study and is a published author in the Journal of Children’s Services.

Francis Guerriero, MA, LICSW, Private practice, Cambridge, MA; MDMA Therapy team member, The Trauma Research Foundation.

Kevin McCauley, MD, is a senior fellow at The Meadows and the writer and director of two films on the neurosciences of addiction.


Michael Niconchuck is the Senior Researcher at the Beyond Conflict Innovation Lab for Neuroscience and Social Conflict. Mike brings 10 years of experience in complex emergencies in the Middle East and Latin America, with specific focus on the translation of neuroscience research into field programs for violence prevention and mental health. He is the lead author of the Field Guide for Barefoot Psychologists.

Karen Onderko, Director of research and education at ILS.

Randall Redfield, CEO and co-founder of Integrated Listening Systems (ILS), a multi-sensory program which integrates music and movement for the purpose of improving emotional regulation, sensory/cognitive processing and motor function.

William Richards, PhD, Psychologist, Johns Hopkins Bayview Medical Center where he is co-director of the program in psilocybin for terminally ill cancer patients. Contributor Fantasti Fungi.

Anat Rogel, PhD, BCIA certified neurofeedback provider and supervisor cofounder and co-director of Boston Neurodynamics, affiliate of the Trauma Center and the Trauma Research Foundation.

Akemi Sakakibara, PhD, director Life Design, Inc. which provides mental health education to industry in Japan. Founder & director, ATTI Japan.

Ximena Sanchez Samper, MD, is a board-certified addiction psychiatrist, medical director at Spring Hill Recovery Center. Instructor Harvard Medical School.

Kenichi Shimada, MA, Shipley Japan, Ltd, specializing in providing psychological therapy for working adults; co-director ATTI Japan.

Licia Sky, Secretary of the Trauma Research Foundation; singer/ songwriter who leads songwriting retreats for self-discovery and embodied voice, guiding awareness experiences that build safety, community and attunement.

Atman Smith, Co-founder of the Holistic Life Foundation, and director of development. Since 2001, he has been teaching yoga and mindfulness to a diverse population including underserved and high-risk youth in Baltimore City Public Schools, drug treatment centers, wellness centers, and colleges.

Elya Steinberg, MD, head of training and co-director of the Centre for Biofeedback Psychotherapy in London, UK. Biodynamic psychotherapist who integrates Biodynamic psychology, bioenergy, neurofeedback, psychological trauma work, martial arts and integrative medicine.

Anne St. Goar, MD, Primary care physician at HVMA, emeritus, certified psychedelic therapist; Boston MDMA Therapy team member with the Trauma Research Foundation.

Elizabeth Warner, PsyD, Board trauma research foundation and partner in SMARTMoves LLC; lead author on the SMART manual.

Anne Westcott, LICSW, is a social clinical worker; co-developer of SMART, partner in SMARTMoves, and on the faculty of Sensorimotor Psychotherapy Institute.

Susan Walker MD, Instructor in psychiatry, Harvard Medical School. Child and Adolescent Psychiatrist, Cambridge Health Alliance. MDMA Therapy Team Member, the Trauma Research Foundation.

Josefin Wikström (YE-RYT 500, YACEP, RCYT) Main teacher and international coordinator for the Prison Yoga Project, teaching in Sweden, US, India, Mexico and beyond. She co-created the evidence-based Swedish Kriyoga program in Sweden. On International Yoga Day 2018 she addressed the House of Lords on the therapeutic potential of yoga in prisons.

CONTINUING EDUCATION

CE certificates will be available online at the conclusion of the conference after completing the Evaluation Form that will be emailed to you. You will then be able to immediately print your conference Certificate. Please see live “live schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval.

For other credit inquiries not specified above, or questions on home study credit availability, please contact cep@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and methodologies that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards. PESI, Inc. offers continuing education programs and products under the brand names PESI Healthcare, PESI Rehab and Psychotherapy Networker. If you are not satisfied with a seminar, call us at (800) 844-8260. If any attendee is not pleased with the resolution provided by PESI, they may register a complaint with the accrediting entity or their jurisdictional board.

For the most up-to-date and complete CE information visit www.pesi.com/traumaconference

PSYCHOLOGISTS

Accreditation Council for Continuing Medical Education

COUNSELORS

Massachusetts Mental Health Counseling Association/ Massachusetts Mental Health Continuing Education Program application submitted

SOCIAL WORKERS

Association of Social Work Boards

ADDITION COUNSELORS

Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARRIAGE AND FAMILY THERAPISTS

Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

OCUPATIONAL THERAPISTS AND OCCUPATIONAL THERAPY ASSISTANTS

American Occupational Therapy Association

NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS

Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

PHYSICIANS

Accreditation Council for Continuing Medical Education

PSYCHIATRISTS

Accreditation Council for Continuing Medical Education

OTHER PROFESSIONS

Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

For additional CE information go to: www.pesi.com/traumaconference
### 30th Annual International Trauma Conference

**May 29-June 1, 2019**

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**REGISTRATION FORM**

**FULL CONFERENCE:**

**Wednesday – Saturday, May 29 – June 1, 2019**

Choose One For Each Day:

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**Can’t make all four days?? Choose the option that fits your schedule:**

### Pre-Conference: Wednesday Only

**May 29, 2019**

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### Pre-Conference: Thursday Only

**May 30, 2019**

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### Pre-Conference: Wednesday & Thursday

**May 29-30, 2019**

Choose One For Each Day:

<table>
<thead>
<tr>
<th>Choose One For Each Day:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 1 2 3</td>
<td>$340</td>
<td>$370</td>
</tr>
<tr>
<td>Thursday 4 5 6 7</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Main Conference: Friday & Saturday

**May 31-June 1, 2019**

Choose One Workshop:

<table>
<thead>
<tr>
<th>Choose One Workshop:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
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</thead>
<tbody>
<tr>
<td>Thursday 4 5 6 7</td>
<td>$350</td>
<td>$395</td>
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### Main Conference Thursday – Saturday

**May 30 – June 1, 2019**

Choose One Workshop:

<table>
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<th>Choose One Workshop:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 4 5 6 7</td>
<td>$435</td>
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### Wednesday Evening Movie

**May 29, 2019 - 7pm “Cracked-Up”**

<table>
<thead>
<tr>
<th>Choose One For Each Day:</th>
<th>EARLY BIRD</th>
<th>FULL PRICE</th>
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</thead>
<tbody>
<tr>
<td>Wednesday 1 2 3</td>
<td>$260</td>
<td>$370</td>
</tr>
</tbody>
</table>

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**MAIL**

PESI, Inc.
PO BOX 1000
Eau Claire, WI 54702

**FAX**

800-554-9775

**ONLINE**

www.pesi.com/traumaconference

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**Indicate method of payment**

ALL REGISTRATIONS MUST BE PREPAID. Purchase orders welcome (attach copy).

- [ ] Check enclosed payable to **PESI, Inc.**

**MC**

16 digits

**VISA**

13-16 digits

**AE**

15 digits

**Discover Novus**

16 digits

Card # ____________________________

Card Exp. ___________ V-Code #: ___________

Signature ____________________________

*Letter of verification is required.

Hassle-Free Cancellation Policy: An administrative fee of $75 is deducted for cancellation. Refund requests must be made in writing, fax or email to PESI, and must be postmarked by May 1, 2019. No refunds will be made thereafter.

**ADA needs:** Please contact The Meadows at (928) 684-4077 for ADA needs at least three weeks prior to event.

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**Questions?** Call 800-844-8260 or e-mail us at events@pesi.com.
30th Annual
International Trauma Conference

Psychological Trauma
Neuroscience, Embodiment, and the Restoration of the Self

May 29-June 1, 2019
Seaport World Trade Center
Boston, Massachusetts

Register today: www.pesi.com/traumaconference

FEATUREING
Conference Director:
Bessel A. van der Kolk, MD

With:
Beatrice Beebe, PhD
Tarana Burke
Julian D. Ford, PhD, ABPP
Donna Hicks, PhD
Ruth Lanius, MD, PhD
Cathy Malchiodi, PhD
Michael Mithoefer, MD
Bruce D. Perry, MD, PhD
Richard C. Schwartz, PhD
Ali Smith
Martin H. Teicher, MD, PhD
Ed Tronick, PhD
Robert Whitaker
Stephan Wolfert, MFT
and many more!